

# The New Moon Retreat Renew Yourself and Harmonize with the Universe by



## Location

Enjoy the picturesque drive to Ripon QC and get to heaven on earth.

## Centre de vie

14, chemin du petit Rang,  
Ripon, Québec, JoV 1Vo  
819-428-2215  
<https://centredevie.ca>

## Arrival & Departure

Friday, April 21, as early as 4 pm  
Sunday, April 23, the retreat ends at 2 pm.



## Cost

Includes accommodations for 2 nights and 6 delicious organic meals.

Single occupancy	\$690 + tax	Additional Wellbeing Services (avail Sat noon-4pm) Massage 60 min: \$95 Naturopathy & Iridology: \$105 Energetic harmonisation: \$105 Reflexology: \$95 Cupping massage: \$100
Double occupancy	\$625 + tax	
Triple occupancy	\$575 + tax	

\*\*limited spots  
1<sup>st</sup> come 1<sup>st</sup> serve  
Please call the  
Centre de vie  
directly  
819-428-2215 to  
schedule your  
appointment

## Proposed agenda

Subject to change based on Julie's intuition.

<b>Friday evening:</b>	Arrival: effective 4 pm Dinner 6:15 pm Workshop: Connect Within & Spark Your Magic for the Weekend
<b>Saturday morning:</b>	Breakfast: served starting at 7:30 am Connect with Yourself with gentle movement Morning Workshop: Evoke Your Inner Power Lunch: 12:15 pm
<b>Saturday afternoon:</b>	Free time noon – 4 pm (access other services or just chill and enjoy the premises or come hang out with Julie for an Oracle card reading, journaling or even discovering more about your numerology and chakras) Re-connect and checking in: 5 pm – 6 pm Dinner: 6:15 pm
<b>Saturday evening:</b>	Workshop 7pm: Planting Seeds and Manifest Your Renewed Self New Moon Ceremony and Celebration
<b>Sunday morning:</b>	Breakfast: served starting at 7:30 am Renew your energy with Qi Gong and breath Morning Workshop: Harmonize and Co-create with the Universe Pack up and free your room 11:45 am – 12:15 pm Lunch: 12:15 pm Closing the retreat: 2 pm

“Everything is in your power, and your power is within you”